

# WELCOME

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## Welcome by the Local Organizers



Stefano Della Villa  
(Congress Chair)



Alberto Gobbi



Elizaveta Kon



Rosa Donato

We are extremely happy to welcome you to the magical atmosphere of Sorrento. We will only be a few miles from Naples' International Airport and Capri, the island where Emperor Tiberius decided to transfer his palace to better guide the Roman Empire at the

time of Jesus Christ's life.

Driving in Naples can be considered an extreme sport, in that here the laws of the road such as traffic signals appear to be optional, rules written as guidelines; but this is Naples and it should be embraced with the exuberance of a child let loose in a sweet shop. Nevertheless, do not panic, even if you feel you want to scream 'brake, brake!' because, although it may not seem like it, they do, incredible, really know what they are doing. Sorrento, what a sight! One of the most beautiful places on earth sitting above black volcanic cliffs, bordered by chalk mountains, the most visited place in Southern Italy, especially by the English which means that the language is spoken pretty good! We personally have a special relationship with the Sorrento peninsula, with one of us enjoying his honeymoon here and who cannot forget the natural beauty of the coast, the smell of the jasmine, the quality of the food, and the unique hospitality of the people. From this point of view, deciding to organise a scientific event in Sorrento is quite a risk. It is such a lovely place that despite an innovative scientific programme, the attendees could escape from the conference room to enjoy the beauty outside. As the Local Organising Committee, we will try to prevent, this by offering you the right combination of science, medicine and pleasure. If Tiberius was able, from this area, to run

During the day, we will find the right balance. Waking up early in the morning, we can enjoy an al fresco breakfast and a walk around the conference venue, taking in the spectacular view of the coastline. Then we move to the scientific venue, to enjoy the teaching of experts, the innovations in new technologies, the enthusiasm, and the energy of the young researchers during the free papers sessions. Different stimuli, from the richness of our scientific society, to a multidisciplinary group of people, sharing the same passion for cartilage tissue. Then coffee breaks and lunches will offer us the opportunity to enjoy again the hospitality of the Sorrento peninsula, where also a simple coffee tastes different. The afternoon and evening scientific sessions, and a visits to the technical exhibitions, will complete the professional part of the day. We cannot tell you anything about the dinners, because it will be a surprise. We can just anticipate that they will be joyful moments that take the best from our community: learning from each other, enjoying friendship, and trying to build together a healthier world thanks to our study, our experience and our passion.

On behalf of the Local Organizing Committee  
Stefano Della Villa, Congress Chair 2016

## Welcome by the President



Norimasa Nakamura  
(ICRS President)

It's a great honor to invite you to the 13th ICRS World congress in Sorrento – the world-famous beautiful city looking over the azure waters to the island of Ischia, Capri and the Bay of Naples. ICRS is a unique forum to discuss multidisciplinary topics related to cartilage research and therapy including basic science, clinical investigation and industrial development. Our World Congress, held every 18 months, is especially important to accomplish our mission by providing a unique chance to meet our colleagues with the same interest and learn from the world's top experts in this field. In addition, it may be a special experience to get acquaintance with new friends from all over the world and share productive and meaningful time over discussions on the common topics of interest. In addition, the combination of such academic activities with beautiful moments of cultural and social activities, this could be an unforgettable memory for each participant. ICRS wants to provide such special opportunity to all of you.

Our society is young and friendly and keen to welcome not only our members but also those who have rarely or never attended our congresses. Please come along and find out what we are all about. In recent years we have taken special respect for integrating scientific and clinical aspects of each session so that we can all learn from each other. In this regard, our scientific committee lead by William Bugbee and Henning Madry

Alberto Gobbi and Elizaveta Kon are working closely with Stephan Seiler at ICRS office to make sure the venue in beautiful Sorrento as well as the local culture and entertainment of Southern Italy are the best for you. So please mark up your calendars for the 13th World Congress of ICRS. Feel at home in our Society and join us at this great venue and enjoy a wonderful academic and cultural experience. I look forward to meeting you in Sorrento in September 2016.

## Welcome by the Scientific Programme Committee



William Bugbee



Henning Madry

The scientific program reflects the dynamic nature cartilage injury and repair, the growing importance of the ICRS as a preeminent organization and the tremendous efforts of its members in both basic scientific and clinical endeavors. The program builds on the overwhelming popularity and success of previous ICRS meetings and reflects our desire for scientists and clinicians to collaborate and share ideas. The program includes updates on current clinical strategies for repair of hyaline and meniscal cartilage, as well as emerging trends and controversies such as the use of stems cells, growth factors and gene therapy. Sessions on the osteochondral unit, synovial joint pathophysiology and osteoarthritis reflect the growing recognition of the role of subchondral bone behavior and the synovial joint as an organ. Cartilage repair in specific anatomic situations such as the patellofemoral joint, ankle, hip and upper extremity will be addressed. Practical “how to” sessions will cover fundamentals of basic research

including study design and peer reviewed publication as well as advice on patient evaluation and surgical technique from leading experts. We will also feature the popular “mini battlefield” format where controversial questions will be passionately debated. We are confident this congress will allow everyone to enjoy a programme that truly reflects the “state of the art” in science and clinical practice cartilage repair. We look forward to seeing you in Sorrento, Italy.

William Bugbee & Henning Madry, Co-Chairs of the Scientific Programme Committee

ISAKOS Approved Course



